

My Prayers



MORNING PRAYER

Father in heaven, you love me,
you're with me night and day.
I want to love you always in all I do and say.
I'll try to please you, Father.
Bless me through the day. Amen.

NIGHT PRAYER

God, our Father, I come to say
thank you for your love today.
Thank you for my family, and all the
friends you give to me.
Guard me in the dark of night,
and in the morning send your light. Amen



OUR FATHER

Our Father who art in Heaven,
Hallowed be your name.
Your kingdom come
Your will be done, on earth as it is in heaven.
Give us this day our daily bread
and forgive us our trespasses
as we forgive those who trespass against us.
Lead us not into temptation but deliver us
from evil. Amen

HAIL MARY

Hail Mary full of Grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit
of thy womb Jesus.
Holy Mary mother of God,
Pray for us sinners now
and at the hour of our death. Amen



GLORY BE TO THE FATHER

Glory be to the Father,
and to the son,
and to the Holy Spirit;
as it was in the beginning,
is now and ever shall be,
world without end. Amen



PRAYER TO MY GUARDIAN ANGEL

Angel of God my guardian dear,
to whom God's love Commits me here,
Ever this day be at my side
to light to guard to rule and guide.
Amen

GRACE BEFORE MEALS

Bless us, O God, as we sit together.
Bless the food we eat today.
Bless the hands that made the food.
Bless us, O God. Amen



GRACE AFTER MEALS

Thank you God,
for all the food we have eaten.
Thank you, God, for all our friends.
Thank you, God for everything.
Thank you, God. Amen

THE ANGELUS

V: The Angel of the Lord declared to Mary:

R: And she conceived of the Holy Spirit.

Hail Mary....

Behold the handmaid of the Lord:

Be it done to me according to your word.

Hail Mary.....

V: And the Word was made Flesh:

R: And dwelt among us.

Hail Mary....

V: Pray for us, O holy Mother of God

R: That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth, we beseech you, O Lord, your grace into our hearts, that we, to whom the Incarnation of Christ, your Son, was made known by the message of an angel may by his passion and cross be brought to the glory of his resurrection, through the same Christ our Lord. Amen.



ACT OF SORROW

O my God,
I thank you for loving me.
I am sorry for all my sins, for not loving
others and not loving you.
Help me to live like Jesus and not sin
again. Amen

ACT OF FORGIVENESS

O my God,
help me to remember the times when
I didn't live as Jesus asked me to.
Help me to be sorry and to try again.
Amen

PRAYERS TO THE HOLY SPIRIT

Holy Spirit, I want to do what is right.
Help me. Holy Spirit, I want to live like Jesus.
Guide me. Holy Spirit, I want to pray like Jesus.
Teach me. Amen.
Spirit of God in the heavens.
Spirit of God in the seas.
Spirit of God in the mountain-tops.
Spirit of God in me.
Spirit of God in the sunlight.
Spirit of God in the air.
Spirit of God all around me. Amen
Spirit of God everywhere.
Holy Spirit, Spirit of God help me. Amen



PRAYER TO JESUS

Christ be with me.
Christ be beside me.
Christ be before me.
Christ be behind me.
Christ at my right hand.
Christ at my left hand.
Christ be with me everywhere I go.
Christ be my friend, for ever and ever.
Amen



PRAYER BEFORE COMMUNION

Lord Jesus, come to me.
Lord Jesus, give me yourself.

Lord Jesus, friend of children, come to me.
Lord Jesus, you are my Lord and my God.
Praise to you, Lord Jesus Christ. Amen



PRAYER AFTER COMMUNION

Lord Jesus, I love and adore you.
You're a special friend to me.
Welcome, Lord Jesus, O welcome,
thank you for coming to me.

Thank you, Lord Jesus, O thank you
for giving yourself to me.
Make me strong to show your love
wherever I may be. Amen