



My Pledge

Having considered the potential dangers and addictive nature of alcohol,
I _____ pledge not to drink alcohol in any
form until the age of _____ years.

I also pledge, for the rest of my life, not to take drugs unless they are
prescribed and given by a doctor.

I promise to avoid situations which could leave me in a compromised
situation involving alcohol and drugs.

I also pledge never to get in a car with a driver who is under the influence
of alcohol or drugs.

Signature: _____

Signatures of parents/guardians

*Grant me, O Lord, your grace
to keep this pledge*

